



DBAJ cordially invites you to attend the  
DBAJ Orthopedic Update – 2010



Venue : Deira Sheraton, Dubai  
Feb 04, 2010

Course Director  
Dr. Shah Alam Khan  
Consultant Orthopedic Surgeon, DBAJ

فرون-tier لأجهزة الطبية  
**FRONTIER MEDICAL**  
EQUIPMENTS

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The program was reviewed and approved by the Department of Continuing Medical Education at Harvard Medical School Dubai Center Institute for Postgraduate Education and Research. HMSDC designates this educational activity for a maximum of 6.0 CME credit hours under approval number HMSDC/CPD/AC/001/10. Each physician should claim only those credits that he/she actually spent in the educational activity. "Participation in an HMSDC accredited continuing education program does not imply or confer a degree, graduation or alumni status to any part of Harvard University or its schools"

# Faculty



Dr. Ravi Mittal  
Associate Professor of Orthopedics,  
AllIMS, New Delhi, India



Prof. Shishir Rastogi  
Professor of Orthopedics & Unit Chief,  
AllIMS, New Delhi, India



Dr. Chandershekhar Yadav  
Associate Professor of Orthopedics,  
AllIMS, New Delhi, India



Dr. Shah Alam Khan  
Course Director  
Consultant - Orthopedic Surgeon, DBAJ, Dubai



Dr. Zbigniew J Brodzinsky  
Consultant Orthopedic Spinal Surgeon  
DBAJ, Dubai



Dr. J.P. Mordani  
Consultant Radiologist  
The City Hospital, Dubai



Dr. William D. Murrell, Jr. MD  
Consultant - Orthopedic Sports Medicine  
DBAJ, Dubai



Mr. Rashid Buhari  
Course Coordinator  
Senior Physiotherapist,  
DBAJ, Dubai



Ms. Kanchan Masand  
Physiotherapist  
Osteopathic Health Center, Dubai,



Mr. Chris Page  
Physiotherapist  
Dubai Physiotherapy and Family Medicine  
Clinic, Dubai



## **DBAJ Orthopaedic Update-2010, Deira Sheraton, February 4, 2010**

**Course Description:** The DBAJ Orthopedic Update aims at presenting newer research and management strategies in common musculoskeletal diseases and injuries. The course aims to provide a brush up knowledge on key issues of Orthopedic practice. In an era of rapid explosion of knowledge, it is absolutely essential to key once self updated on important issues of musculoskeletal care which will be the primary aim of this course.

The course will focus on key issues involving Hip, Knee, Upper Limb, Pediatric Orthopedics, Trauma and Pre and Post Operative Rehabilitation. It will give an insight into the latest developments on these issues, delivered by the best brains of the South East Asia and the Middle East region.

The educational program was reviewed and approved by Harvard Medical School Dubai Centre's Department of Continuing Medical Education for 6.0 CME Hours. (Each physician may claim only those hours that he/she actually spent in the educational activity will receive a Harvard Medical School Dubai Centre Certificate of attendance)

### **Why This Course?**

With rapid technological advancements and research based know how, there is a need for Medical Professionals to keep abreast with recent trends in their respective fields. Unfortunately Courses in recent advances in Orthopedics and Trauma are few in number. The aim of the present course was to make available the current concepts in these fields to a greater audience. The course provides an opportunity to have a lucid preview of 'what is new' in the field of Orthopedics and Trauma. We aim to make the course an annual feature so that the latest information on controversial subjects in Orthopedics and Physiotherapy can reach a wider audience.

### **Who Should Attend?**

The Course aims to target Orthopedic Surgeons, Physiotherapists, Sports Physicians, Rehabilitation Specialists, Family Physicians and Post graduate students from orthopedic residency programs.

**Course Director:** Dr. Shah Alam Khan, Paediatric Orthopedic Surgeon, DBAJ, DHCC, Dubai

**Course Co-ordinator:** Mr.Rashid Buhari, Senior Physiotherapist, DBAJ

## Program Summary

- 8.30 to 8.45 AM:**            **Registration**
- 8.45 to 9.00 AM:**        **Opening Remarks by**  
**Dr.Shah Alam Khan, Consultant Orthopedic Surgeon - Pediatrics, DBAJ**
- 9.00 to 10.30 AM:**        **Session One : Hip**
- Moderators:**            **Dr. Ravi Mittal & Dr. William Murrell**
- 9.00 to 9.30:                Metal on Metal Total Hip Replacement: Dr. C.S. Yadav (AIIMS, New Delhi)
- 9.30 to 10.00:              Recent Advances in the Management of Fracture Neck of Femur:  
  
Prof.Shishir Rastogi (AIIMS, New Delhi)
- 10.00 to 10.30:              Current Concepts in Manual Therapy for Hip Injuries: Ms. Kanchan Masand  
(Dubai)
- 10.30 to 11.00:**        **Coffee Break**
- 11.00 to 12.30:**        **Knee**
- Moderators:**            **Prof. S. Rastogi, Dr. C.S. Yadav**
- 11.00 to 11.30:              Double Bundle ACL Reconstruction: Dr. Ravi Mittal (AIIMS, New Delhi)
- 11.30 to 12.00:              Newer Advances in the Management of Meniscal Injuries: Dr. William D Murrell  
(DBAJ, Dubai)
- 12.00 to 12.30:              Rehabilitation for Knee Injuries: New Kids on the Block! Mr. Chris Page (Dubai  
Physiotherapy & Family Medicine Clinic, Dubai)
- 12.30 to 1.30:**            **LUNCH**

**1.30 to 3.00: Upper Extremity**

**Moderators: Dr. Ravi Mittal, Dr. C.S. Yadav**

1.30 to 2.00: Recent Advances in the Management of AC Joint Injuries: Dr. William Murrell (DBAJ, Dubai)

2.00 to 2.30: Recent Advances in the Management of Distal Radial Fractures: Prof. Shishir Rastogi (AIIMS, New Delhi)

2.30 to 3.00: Supracondylar Humeral Fractures in Children: Do we know something new now? Dr. Shah Alam Khan (DBAJ, Dubai)

**3.00 to 3.30: Coffee Break**

**3.30 to 5.00: Trauma**

**Moderators: Dr. Ravi Mittal, Mr. Chris Page**

3.30 to 4.00: Recent Advances in the Management of Long Bone Non Unions: Dr. Ravi Mittal (AIIMS, New Delhi)

4.00 to 4.20: Current Concepts in Imaging for Acute Trauma of the Knee: Dr. Jaikishan P Mordani, Consultant Interventional Radiologist, (The City Hospital, Dubai)

4:20 to 4:50: Current Concepts in the management of thoraco-lumbar vertebral fractures: Dr. Zbigniew J Brodzinsky, (DBAJ, Dubai)

5:00 to 5:10: Current Concepts in the Rehabilitation of the Polytraumatized Patient: Mr. Rashid Buhari (DBAJ, Dubai)

**5.10 pm: Vote of Thanks**

**Faculty:**

**International:**

1. Prof. Shishir Rastogi: Professor of Orthopaedics & Unit Chief, Department of Orthopaedics, All India Institute of Medical Sciences, New Delhi, India
2. Dr. Chandershekhar Yadav: Associate Professor of Orthopaedics, Department of Orthopaedics, All India Institute of Medical Sciences, New Delhi, India
3. Dr. Ravi Mittal: Associate Professor of Orthopaedics, Department of Orthopaedics, All India Institute of Medical Sciences, New Delhi, India

**National:**

1. Dr. William Murrell: Consultant Orthopaedic Surgeon – Sports, Dubai Bone & Joint Centre, DBAJ, Dubai, UAE.
2. Dr. Shah Alam Khan: Consultant Orthopaedic Surgeon - Pediatrics, DBAJ, Dubai, UAE.
3. Dr.Zbigniew.J.Brodzinsky, Consultant Orthopedic Spinal Surgeon, Adult Spine Elective & Trauma, DBAJ, Dubai, UAE.
4. Dr.Jaikishan .P.Mordani, Consultant Interventional Radiologist, The City Hospital, Dubai
5. Mr. Rashid Buhari: Senior Physiotherapist, Dubai Bone & Joint Centre, Dubai, UAE.
6. Ms. Kanchan Masand, Physiotherapist, Dubai Osteopathy Clinic, Dubai, UAE.
7. Mr.Chris Page, Physiotherapist, Dubai Physiotherapy and Family Medicine Clinic, Dubai, UAE.

# Registration Form

First Name:.....

Last Name:.....

Degree: .....

Occupation: Please Check all the items below that describe your occupation

- Orthopaedic Surgeons
- Rheumatologists
- Physiotherapists / Physical Therapists
- Sports Medicine Specialists
- General Medicine Physicians

Title.....

Principal Specialty:.....

Organization:.....

P.O. Box:.....City:.....

Country:.....

Telephone:.....Mobile:.....

Fax:.....Email:.....

Email:.....

In order to complete registration please fill the form and send it back to [rashid.buhari@dbaj.ae](mailto:rashid.buhari@dbaj.ae) or fax it to: +971-4-423-1488  
For more information please contact Mr.Rashid Buhari on Tel: +971-4-423-1453

## LOCATION MAP

